



RN Skills Check List

Name: _____

Signature: _____

SS #:

Date:

EDUCATION:

Basic Program & School: _____ Date Graduation: _____

RN Diploma _____ Associate _____ BSN _____

Advanced Program: _____

Certifications (CCRN, CEN, Med-Surg., etc.) _____

BCLS _____ ACLS _____ PALS _____

CONTINUING EDUCATION AND COMPETENCY TESTING PAST 2 YEARS:

Clinical Experience	DATES		Location / Facility	
	FROM	TO		
Med-Surg				
ICU				
CCU				
ER				
Outpatient/Clinic				
Oncology				
Neonatal				
PICU				
Pediatrics				
OB / GYN				
Home Care				
Hospice				
Neurology				
Psych/Mental Health				
OR				
RR				
Cardiac - thoracic				
Hem dialysis				



RN Competency Self-Review

SKILL	SELF ASSESSMENT					
	ADULT			PEDIATRIC		
	Independent	Need Review	Never	Independent	Need Review	Never
Apnea Bradycardia:						
Monitor						
Phototherapy:						
Wallaby Blanket						
Ohmeda Blanket						
Bili Lights						
PKU Testing						
Cardiovascular:						
Obtaining 12 - Lead EKG						
Arrhythmia Interpretation						
Defibrillation						
Use of Cardiac Monitors:						
PAP						
PCWP						
CVP						
Titrating Cardiovascular Drugs:						
Dopamine						
Dobutret						
Isuprel						
Epinephrine						
Levophed						
Nipride						
Lidocaine						
Assist with Arterial Lines						
Care of Pt. in Shock						
Care of Pt. with fresh MI						
Care of Pt. with Pacemaker						
Care of Pt. with Intra-aortic Balloon Pump						
Care of Pt. With Swan-Ganz Catheter						
Post-Op Care:						
Open-Heart						



RN Competency Self-Review

SKILL	SELF ASSESSMENT						
		ADULT			PEDIATRIC		
	Independent	Need Review	Never	Independent	Need Review	Never	
Venipuncture (Start IV):							
Peripheral							
Scalp Vein Needle (Butterfly)							
Long Line (PICC) - Central							
Landmark / Midline							
Draw Blood:							
Central Line							
Finger stick							
Heel stick							
Blood Product Administration:							
Packed Cells							
Fresh Frozen Plasma							
Platelets							
Albumin							
Synthetic Blood Products							
Chemotherapy:							
Infusion							
IV Push							
Central Line Administration							
Protocols							
Extravasations Protocol							
Spill Protocol							
Mix Chemo							
IV Care							
Peripheral IV use / care							
Heparin Lock (INT) use / care							



RN Competency Self-Review

SKILL	SELF ASSESSMENT					
	ADULT			PEDIATRIC		
	Independent	Need Review	Never	Independent	Need Review	Never
IV Care (Cont.)						
Change/Place Central Line cap						
Hickman / Broviac use / care						
Port Access use / care						
Access Port (Place Needle)						
D/C Peripheral Line						
D/C Central Line						
Declotting						
Sharps Disposal						
Hazardous Waste Disposal						
Needleless System						
PICC Line Dressing						
Triple Lumen Catheters						
IV Therapy:						
Flush / Sash Protocol						
IV Push						
Piggyback IV Meds (Y Connector)						
Soluset Use						
TPN						
Lipids						
Genitourinary Care:						
Suprapubic Tube						
Nephrostomy Tube Care						
Nephrostomy Tube Irrigation						
Peritoneal Dialysis						
Hem dialysis						
Labor & Delivery: Vaginal C-Section						
Fetal Monitoring						
Uterine Monitoring						
Pre & Postnatal Care						
Assist with Epidural Anesthesia						
Care of the Newborn						



RN Competency Self-Review

SKILL	SELF ASSESSMENT					
	ADULT			PEDIATRIC		
	Independent	Need Review	Never	Independent	Need Review	Never
Blood Glucose Meters:						
Accucheck						
Diascan						
Glucometer						
One Touch						
Respiratory Care						
Tracheostomy						
Tie Change						
Site Care						
Tube Change						
Inner Cannula Care						
Saline Instillation						
Suctioning (Sterile)						
Naso/Oropharyngeal suctioning						
Chest Physiotherapy						
Chest Tube Care						
Endotracheal Tube Care						
Oral/Nasal Airway Insertion						
Care of Patient in Pulmonary Edema						
Care of Burn Patient						
Obtain ABG's						
Respiratory Equipment:						
Suction Machine Use / Care						
Oxygen Tank						
Ambu Bag						
Vent mask						
Nasal Cannula						
Face Shield						
Croup Tent						
Non-Rebreather Mask						



RN Competency Self-Review

SKILL	SELF ASSESSMENT						
		ADULT			PEDIATRIC		
	Independent	Need Review	Never	Independent	Need Review	Never	
Respiratory Equipment (Cont.)							
Trach Collar							
Nebulizer Use / Care							
Compressor Use / Care							
Respigard Use / Care							
Pleurovac							
Ventilators:							
IBBP							
LP6							
Puritan Bennett							
MAI							
MAIL							
Ventilator Tubing Change & Filter							
LP- 10							
Pulse Oximeter							
Other:							
Gastrointestinal Care:							
Pumps:							
Kangaroo							
Flexiflo							
Other:							
Fecal Disimpaction							
Bowel Training							
Nasogastric Tube							
Jejunostomy Tube							
Gastrostomy Tube							
Colostomy Care							
Neurological Care:							
Monitoring Neurological Vital Signs							
Seizure Precautions							
Care of Patient with Fresh Head Injury							
Care of Patient with CVA							
Care of Patient with Spinal Injury							

